

June 2, 2010

Dear Parents,

The past school year brought some exciting games and matches to our Athletic Department! As you may be aware, our high school teams are members of the Bicentennial Athletic League (BAL) and the Pennsylvania Interscholastic Athletic Association (PIAA). On a whole, the year was challenging and positive. As we continue to improve our athletic program, it is important for both you and your son/daughter to be informed about our athletic policies and procedures.

In an effort to help you prepare for the coming year, you will find an enclosure in this mailing. Other required forms are to be printed from the [plumsteadchristian.org](http://plumsteadchristian.org) website and completed as such.

- **PCS Evaluation for Participation in Sports Form**-This form **must** be completed prior to the **first** season in which your son/daughter attends try-outs or practices for a particular sport. This form needs only to be completed by your doctor **once** for the 2010-2011 school year. Please note that the examination for fall sports may not be given earlier than June 1. *This physical form must be filled out and turned in to the Athletic Office before your son/daughter will be cleared to participate in any sport try-out/practice.* This form only need to be completed one time-it will be good for the entire year. **JH/HS Online**
- **PIAA Emergency Card**-This card must be completed legibly and completely. This card will be laminated and used by each coach to last for the duration of the school year. Please be careful to include thorough information where necessary. This form only need to be completed one time-it will be good for the entire year. **JH/HS Enclosed**
- **PCS Athletic Transportation Permission Form**- to be completed if needed. No student will be permitted to ride with other students without the consent of the parents. This form needs to be completed only one time-it will be good for the entire year. **JH/HS Online**
- **PCS Athletic Expectation Form**-is to be **read** and **signed** by each **athlete and his/her parents** before involvement in team practices may begin. This form needs to be completed only one time-it will be good for the entire year **JH/HS Online**
- **Re-certification Form: NO** re-certification forms are needed **unless** the athlete has sustained an injury or has been taken ill for a period longer than one week.

Below are some important dates to remember for our 2010-2011 athletic schedule:

**August 16<sup>th</sup>:** Physicals, Transportation and PIAA Emergency forms must be completed for High School boy's soccer, field hockey, and girls' tennis participants.

**August 16<sup>th</sup>:** **Mandatory** fall practices begin for all **High School JV** and Varsity soccer, JV/V field hockey, and girls' tennis participants.

**November 8th: All Junior High and High School Wrestlers assessment 3:00.**

**November 22nd: Mandatory** winter practices begin for all high school JV and Varsity wrestling, and basketball participants.

**March 7th: Mandatory** spring practices begin for all JV and Varsity softball, baseball, girls' soccer and boy's tennis participants.

**\*\*Junior High School athletes only need to complete the Participation in Sports Form (physical) once and done.**

We are constantly trying to improve communication with parents. Therefore, schedules, updates, directions, and other information are available on the [plumsteadchristian.org](http://plumsteadchristian.org) website. Updated sports schedules can also be found on [highschoolsports.net](http://highschoolsports.net).

Please feel free to call the Athletic Office with any questions you may have about this required paperwork. We are happy to help!

Thank you for your involvement in the life of PCS Athletics! The support and encouragement you provide for you child, his/her team and coach is vital to the success of our sports seasons. As well, your testimony to our opponents, officials and coaches (some returning and some new!) have been a great witness for the school and, more importantly, for our Lord!

Have a great summer!

Serving Him,



Jodie Moore  
Athletic Director